

## **CGBSE launches Helpdesk to provide Psychological, Educational assistance.**

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The Chhattisgarh Board of Secondary Education (CGBSE) will start providing psychological and educational assistance to the students, teachers, and parents. The initiative of the CGBSE to counsel teachers, students and their parents is aimed at equipping them with tools and techniques to navigate exam stress effectively. The Board has released a toll-free helpline number which will be made operational from February 22.

The helpline number- 18002334363 will be available for the students, teachers, and parents from 11 am to 5 pm except Sundays and holidays. Psychiatrists, psychologists, educational motivators, subject matter experts and board officials will assist the teachers, students, and parents. Educational motivators will provide advice to the candidates by solving their problems related to exam fear and exam stress.

While announcing the helpdesks, the Board also notified timings for subject-wise assistance. Subject experts related to physics, chemistry, biology, accountancy, English, and mathematics will be available from 11 am to 3:30 pm, A Psychiatrist, psychologist and educational counsellor will be present between 2 pm to 5 pm. These will be available only between February 22 to 28.

The board official will be present from February 29 to March 22 on the toll-free numbers to assist the candidates, teachers, and parents in resolving issues with the exams.

<https://indianexpress.com/article/education/chhattisgarh-board-exams-2024-cgbse-helpdesk-to-provide-psychological-educational-assistance-students-parents-teachers-9166513/>